

# Appamāda Vihārī Meditation Center Balik Pulau Penang

“A place  
where you  
can seek  
happiness  
within”

Venerable Susīla is well-known for her simple and lucid way of imparting the profound teachings of the Buddha. As a very experienced and competent Dhamma and meditation teacher, she has taught many students who have benefited and found joy through her meaningful Dhamma talks and guidance. Venerable Susīla's numerous Dhamma publications, both in Chinese and English, have been published and made available around the world.

Over the years, Venerable Susīla has traveled to many places around the world but has never made any of these places her permanent home. She untiringly propagates the Dhamma, teaching meditation in the United States, Canada, Taiwan, Indonesia, Singapore, and Malaysia. Finally, Venerable Susīla has decided to establish a permanent monastery in Penang, Malaysia to impart Buddha's teachings to the growing number of serious practitioners. Penang devotees are indeed blessed with this rare opportunity to learn and practice under a good Dhamma teacher who is well-trained in both the Dhamma and discipline.

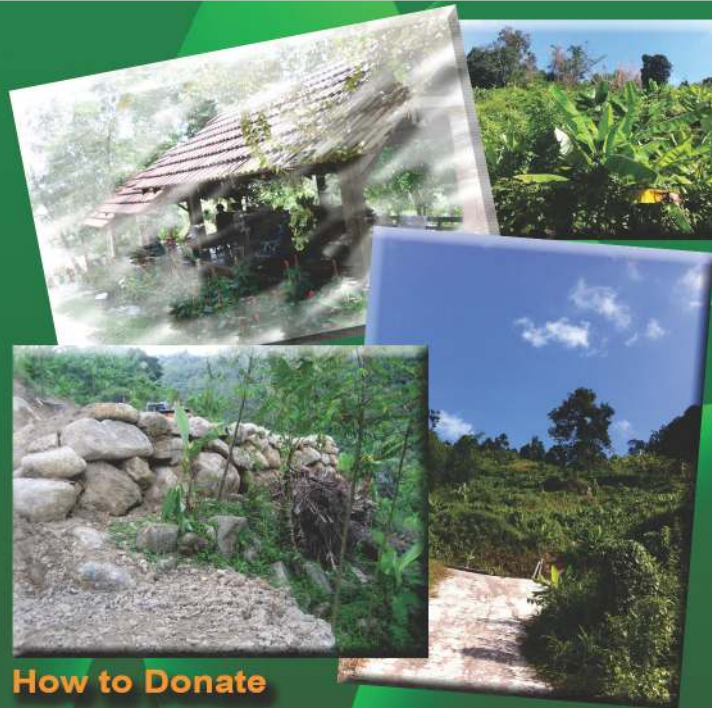
## How to Donate

Donations can be deposited directly into the bank account listed below:-

Account Name: Appamada Vihari Meditation Center, Penang  
Account Number: 3177-97-4731  
Name of Bank: PUBLIC BANK BERHAD  
Bank's Address: No. 104, 104A & 104B, Jalan Macalister, 10400 Penang  
Swift Code: PBBEMYKL  
Remarks: Donation for Establishment of Appamāda Vihārī Meditation Center

Please inform us via email as to how you would like to contribute to this project or once you have deposited the donation. Please also let us have all relevant details such as name, address and contact number so that the official receipt can be issued and sent to you via mail.

Working Committee of Appamāda Vihārī Meditation Center, Penang (a registered society under the Malaysian Societies Act, 1966)  
Address: 12-2-7 Jalan Bukit Ria, Seaview Garden, 11100 Batu Ferringhi, Penang  
Website: [www.sayalaysusila.net](http://www.sayalaysusila.net) or [www.sayalaysusila.org](http://www.sayalaysusila.org)  
Email: [sayalaysusilaretreat@gmail.com](mailto:sayalaysusilaretreat@gmail.com)





## Construction Project of Appamāda Vihārī Meditation Center, Penang

### Project Update

First and foremost, Venerable Susīla graciously acknowledges all donors from around the world for their generous and selfless support that enabled the purchase of an acre of land situated at Balik Pulau, Penang. Currently, construction of the first project is under way and expected to be completed in six months' time.

The Meditation Center will consist of:-

First Project: .....

A three-storey multi-purpose building which is composed of:-

- Ground Level: Female dormitory.
- Level 1: Kitchen and dining hall, toilet facilities, office cum library, interview rooms.
- Level 2: Dormitory (for male and female practitioners). It will be temporarily served as meditation hall before the completion of second project.

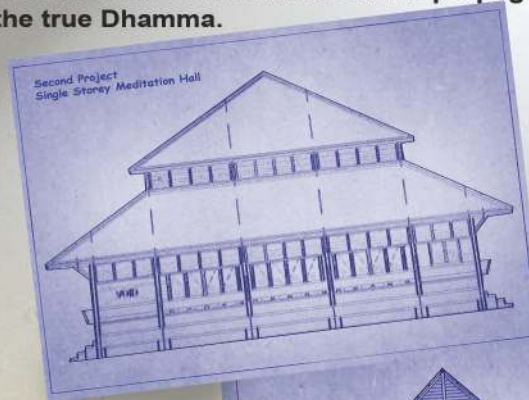
First Project



Second project:

A single-storey meditation hall and Teacher's kuti.

With the establishment of Appamāda Vihārī Meditation Center, the practitioners will be assured of a conducive and peaceful place to practice and thus, bringing closer the realization of Venerable Susīla's mission and vision in the propagation of the true Dhamma.



Second Project



Second Project

## Funding of Three-Storey Multi-Purpose Building (First Project)

The built up area of the three-storey multi-purpose building is 3,500 sq. ft. and the total construction cost is estimated at RM630,000.00 (RM180.00 per sq. ft.).

*WE ARE NOW EARNESTLY SEEKING DONATIONS TO FUND THIS PROJECT AS IT IS ESSENTIAL TO COMPLETE THE FIRST PROJECT SOONEST POSSIBLE BEFORE THE SECOND PROJECT CAN COMMENCE.*

“Unity of will is an impregnable stronghold”. As long as we are united – with donors sending their mettā and donating generously, we believe the entire project will be fully completed in the near future.

More than just a means of support, dana is considered part of our practice. Generosity is one of the ten paramis, or qualities of character, to be developed and perfected by the dhamma practitioner over many lifetimes.

Buddha said: There are five rewards of giving: one is dear and appealing to people at large, admired by good people, one's good name is spread about, one does not stray from the rightful duties of the householder and with the break-up of the body at death, one reappears in the heavenly worlds.

Practice is what keeps the true Dhamma alive and there are various ways you can be part of this noble project:

- ~ One time donation or recurring donation based on the time commitment, e.g. weekly, monthly, bi-monthly, quarterly, semi-annual or yearly.
- ~ Contribute based on per sq ft basis. RM180.00 per sq. ft. (Total built up area: 3,500 sq/ft)
- ~ Contribution in-kind i.e. provide materials for the construction, fixture and fittings, furniture, fencing, etc

### Acknowledgement of Donors

Your generosity and kindness shall be acknowledged in the following manner:-

- ~ Donation of RM5,000.00 and above –names shall be inscribed on the marble slab;
- ~ Donation from RM1,000.00 to RM4,999.00 – names shall be inscribed on the display board.

In addition to the above, donors of RM100,000.00 and above will be given a souvenir as a gesture of appreciation.

